



4th Annual Joint Jaunt

Promoting Orthopedic Health

A USATF certified race



Lake Harriet, Mpls.

Saturday, Aug. 18



- **5K/10K Run or Walk**
- **Kids' Dash**

5K/10K Run or Walk

8 a.m. start

\$30

(Register by Aug. 17, 2012. Race Day fee is \$35)

Kids' Dash, 7:40 a.m. start

\$5

Donations
accepted for
Bolder Options



Join us in supporting our community partner, **BOLDER OPTIONS**, a youth-mentoring program. Donate when you register or on race day.

Register www.active.com
Visit www.jointjaunt.org
Call 952-512-5615



**TWIN CITIES ORTHOPEDICS
FOUNDATION**